



Princeton Family Center for Education

Invites you to a webcast

Family Stories from Real Life: Being Thoughtful in Transitions

October 22, 2020

Life is full of transitions, whether they are anticipated or unanticipated. These transitions can come in the form of births, marriages, retirements, deaths of loved ones, and for us all at this time, the global pandemic. Taking some time to THINK, whether in anticipation of a transition or in the midst of it, can help to clarify a way through.

Princeton Family Center for Education is inviting you to a 90 minute webcast, **Stories From Real Life: Being Thoughtful in Transitions**, on Thursday, October 22 from 10:30 AM to Noon. **Kathy Wiseman, Selden Dunbar Illick, and Lee Gardner** describe some compelling challenges that required thought, creativity, and action. **How do you go about engaging in the challenges that come your way? What works and what has not worked?** Please join us in hearing some stories of our efforts to be a little more thoughtful in transitions. **These efforts, informed by the ideas of Bowen family systems theory, provided more choices for moving through real life circumstances a little more comfortably.**

When: Thursday, October 22, 10:30 AM to Noon

Where: Zoom

How: Please register with Lee Gardner at leegardner@verizon.net and after payment has been made, a Zoom invite will be issued the day before the event.

Cost: \$25.00 with payment by Venmo (@Princeton-FamilyCenter), [PayPal](#), or by check to Princeton Family Center for Education, PO Box 331, Pennington, NJ 08534